**B1** 

December 2023

Wednesday Friday Thursday Sunday Monday Tuesday Saturday **1** 10:30 Move + Groove 11:00 Bocce Ball 1:30 Crossword **RF OFF** 2:30 Mental Aerobics 4:00 Friendly Visits 7 9 **5**|10:30 Move + Groove **8**10:30 Move + Groove **RF OFF** 410:30 Beauty Club 610:15 Ronnie Concert A/C **RF OFF RF OFF** 11:00 Sensory Stimulation 11:00 Darts 11:30 Walk & Talk 11:00 Curling 1:30 Adult Art 1:30 Xmas Stories 1:30 Bingo 1:30 Super Quiz 2:30 Group Chat 2:30 Afternoon Chats 2:30 Mental Aerobics 2:30 Trivia 4:00 One to Ones 4:00 One to Ones 4:00 Friendly Visits 4:00 Friendly Visits 11 **12** 10:30 Fun + Fitness 14 10:30 Mental Aerobics **15** 10:30 Move + Groove **16 10 13** 10:30 Walk + Talk **RF OFF** 11:00 Friendly Visits 11:00 Name Ten 11:00 Hangman 11:00 Parachute **RF OFF** 1:30 Penny Ante **RF OFF** 1:30 Classic Toys 2:00 Christmas 1:30 Horseraces 2:30 Xmas Word Party/Concert 2:30 Short Story 2:30 Trivia Association 4:00 One to Ones 4:00 Friendly Visits 4:00 One to Ones 4:00 Friendly Visits **22 17** 21 23 **18**10:30 Move + Groove **19**10:30 Fun + Fitness **20**10:30 Walk + Talk 11:00 Basketball 11:00 Friendly Visits RF OFF **RF OFF** 11:00 Ladder ball 1:30 Xmas Jingo **RF OFF** 1:30 Christmas Tea 2:00 Cowboy Dawn First Day 2:30 Quiz 2:30 Discussion Group Concert A/C of Winter **RF OFF** 4:00 One to Ones 4:00 Friendly Visits 4:00 Walk & Talk 25 **24 28** 10:30 Fun + Fitness **30 26 27** 10:30 Walk + Talk **29**10:30 Move + Groove 11:00 Volleyball 11:00 Badminton **RF OFF RF OFF RF OFF** 11:00 Friendly Visits 1:30 Trip Down Memory Lane **RF OFF** 2:00 Artists in Healthcare 1:30 Vegas Dice Game **Boxing Day** 2:30 Quiz 2:30 Riddles **Christmas Day** Concert (A/C) 4:00 One to Ones 4:00 One to Ones 4:00 Friendly Visits **31 RF OFF**